

Minor Rotation

PERINATAL MENTAL HEALTH

(4 hours; 3 direct service; 1.0 supervision)

Program Description: This rotation is designed to afford interns the opportunity to gain more in-depth experiences with students who are mothers, have experienced maternal loss, and/or have experienced perinatal mental health concerns.

Program Requirements: Interns are expected to work alongside the trained Perinatal Mental Health clinician at Student Counseling Services to provide a supportive and safe environment for those students seeking perinatal mental health services. Moreover, interns will gain an in-depth understanding of perinatal mental health and related services by coordinating care (as needed and appropriate) with community resources (e.g. governmental agencies or affirmative clinics) and Dean of Students offices. Interns will also be expected to co-lead the therapy group for perinatal mental health. The breakdown of the total number of weekly hours for the rotation is as follows:

Perinatal Mental Health Supervision:	0.5 hours
Perinatal Mental Health Group Supervision:	0.5 hours
Perinatal Mental Health Group:	1.0 hours
Individual Perinatal Mental Health Clients:	<u>2.0 hours</u>
Total:	4 hours

Training/Supervision Provided: Weekly ½ hour for supervision of perinatal mental health cases and ½ hour for supervision of group.

Supervisors: Kimberly M. Peebles, MS, LPC-S, NCC, ACS, BC-TMH