



Virtual Let's Talk is an outreach program that offers students convenient access to brief (15-20 minute) informal consultations with a Student Counseling Services Clinician. Students are encouraged to log into the link below and utilize a HIPAA compliant, TeleMental Health platform.

Virtual Let's Talk may provide insights, solutions, and information about other resources to address concerns such as:

- academic struggles
- relationship and family issues
- financial concerns
- stress
- transitional anxiety
- emotional distress

Virtual Let's Talk is not a substitute for therapy, but provides students with the experience of meeting with a clinician.

<https://MSUSCS.doxy.me/peeples> | Tuesdays 1:00 - 3:00 PM



MISSISSIPPI STATE UNIVERSITY™  
STUDENT COUNSELING SERVICES