



STUDENT COUNSELING SERVICES  
**PEER SUPPORT  
PROGRAM**

## Student Counseling Services Peer Support Mentor Program Application 2026 –2027

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### Purpose:

The Student Counseling Services Peer Support Program at Mississippi State University's Student Counseling Services is dedicated to empowering students to make a positive impact on campus. This program is an extension of Student Counseling Services by meeting the needs of students who have minor, low-level mental health concerns. These students will assist with facilitating workshops, planning, and hosting awareness initiatives, and serving as trained educators in mental health awareness. By participating in these efforts, peer mentor members will enhance their volunteer and leadership skills through collaboration with campus and community partners, fostering a safer and more informed campus community.

### Mission Statement:

Our mission is to empower students to actively engage in outreach and volunteer services, while expanding their knowledge and raising awareness about mental health, social support, and the resources provided by the Mississippi State University Student Counseling Services.

***PEER MENTORS WILL NOT*** be responsible for providing counseling or crisis services to their peers. Instead, peer mentors will undergo skills-based training to equip them to educate their peers through guided workshops and awareness events. In addition, peer mentors will be responsible for referring students, whose mental health needs are moderate to severe, for counseling with a Student Counseling Services Staff Counselor.

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### Peer Support Mentor Applicant Information:

NAME: \_\_\_\_\_

CLASSIFICATION (Freshman, Sophomore, Junior, Senior, Graduate):

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MAJOR: \_\_\_\_\_

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### **Program Interest Questions:**

1. Did anyone recommend this program to you? If so, will you share their names?

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2. Describe your interest in the Student Counseling Services Peer Support Program. Why do you want to become a peer mentor?

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3. Do you have any prior experience as a peer ambassador, tutor, teacher, or in a similar role? Please discuss your relevant experience.

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4. What do you do to manage stress and difficult situations you may experience?

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5. What are your concerns when thinking about becoming a peer ambassador? How do you think you might face one or two of those challenges?

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6. Is there anything else you would like to include to tell us more about your interest in the program?

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Please submit your application by **January 31, 2026**, to Dr. **Shanice White** or Dr. **Holly Billings** at **115C Hathorn Hall** or by email ([shwhite@saffairs.msstate.edu](mailto:shwhite@saffairs.msstate.edu) or [hbillings@saffairs.msstate.edu](mailto:hbillings@saffairs.msstate.edu)).

For any questions or concerns, contact Dr. Shanice or Dr. Holly via the contact information above.

Students selected will be required to participate in training sessions to become a Student Counseling Services Peer Support Mentor at Student Counseling Services.